



CHILDREN & YOUTH REPORT CARD REVIEW

BY ALEXANDRIA CITY HIGH SCHOOL



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TOPIC

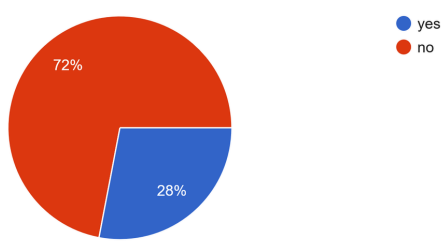
Short School Lunches

TOPIC DESCRIPTION

ACHS Students are affected by the short lunch periods. Many spend their time waiting in line for food or to enter the cafeteria. this gives students less time to eat and relax. This is important because students need food and relaxations to feel energized for the rest of the day .

BASELINE DATA & GOAL

Do you think lunch periods are long enough?
25 responses



72% of students feel like lunch periods arent long enough

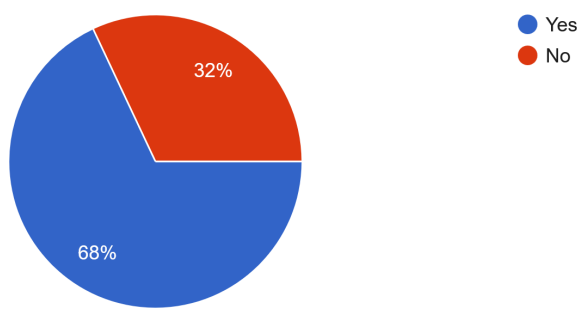
GOAL: WE WANT LESS THAN 50% OF STUDENTS TO FEEL LIKE THEY HAVE ENOUGH TIME TO EAT

CYCP GOAL & STRATEGIC AREA

Improving schools operation and the well being. This issue fits because students need enough time to eat in order to be energized

WHAT IS HAPPENING RIGHT NOW?

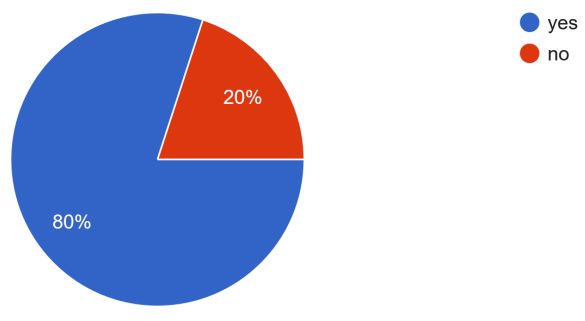
Do you feel rushed during lunch?
25 responses



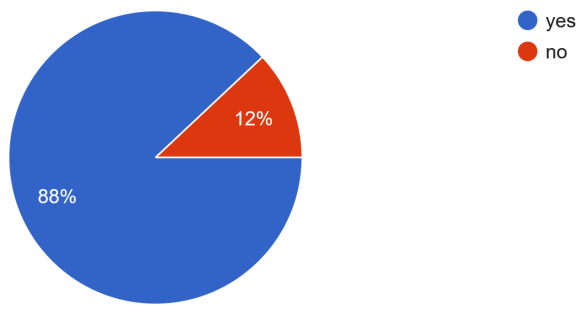
- Data shows many feel rushed during lunch
- This matter because students may not finish eating

- Graph shows lunch lines affecting students actual time to eat
- This matters because students lose valuable time

Do the lunch lines affect your eating time?
25 responses



would you support having a longer lunch period
25 responses



- Most students support longer lunches
- As we can see students want change

WHAT HAS ALREADY BEEN TRIED?

changing the schedule to have 3 lunches A, B, and C.

WHO CAN HELP?

- Mr.Harrel
- He can adjust the schedule or propose a new one since he has credibility
- The School Board
- They can approve a new schedule and support more solutions



WHAT HAS BEEN DONE SO FAR?

The school has A, B, and C lunch but with this change new challenges occur like no transition periods in between lunches that take away valuable time.

IS IT ACTUALLY HELPING?

students will have a better experiences and time during class with longer lunch periods. The problem depends on each students depending on many factors.
Ex. Which lunch A, B, or C transition between campuses and many others

WHAT SHOULD CHANGE? (YOUR SOLUTION)

Lunch periods should be longer and lunch lines should be made efficiently, so lines stay shorter. Survey data supports the thought of students feeling rushes and they support the idea of longer lunches.

WHAT WILL HAPPEN NEXT?

Students will have more time to eat and relax, by having longer lunches it can improve focus, energy, and behavior in class, longer lunches could create a better school environment for everyone.

CITATIONS

Citations in APA format:

Eickert, C. (2025). *Titan Changemaker Listening Session Handout* [Handout].

Source
Source
Source
Source
Source
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LEARN MORE

ACHS sites
-Gives information about the school more specifically the schedule

City of Alexandria CYCP
-Helps connect lunch period issues to real goals and shows why it is important.